

# THE NEW WOODEND STAR



Circulation of 3340 throughout  
Woodend postal district, Newham, Heskett, Ashbourne,  
North Woodend, Hanging Rock, Carlsruhe, Cobaw.

**AN INITIATIVE OF THE ROTARY CLUB OF WOODEND**

February 2013

A Monthly Community Periodical

First Publication 1997

Volume Seventeen No 1

## Sustainable speakers at Festival in Woodend

Talking about sustainability and gathering ideas are a major part of the Macedon Ranges Sustainable Living Festival (MRSLF).

This year the MRSLF is pleased to introduce, amongst a variety of speakers and topics Giselle Wilkinson and Phillip Sutton current and past presidents of the Sustainable Living Foundation, Australia.



Giselle Wilkinson (above) is a social innovator who has been working to promote sustainable living in a full time capacity since co-founding the Sustainable Living Foundation in 1999. As an author she has presented a paper, 'Accelerating Sustainability', to an international conference of the Australasia and the Pacific Extension Network and released a book; "The Conscious Cook – Sustainable Cooking and Living". She is currently undertaking a Doctorate in 'Mobilising Whole Communities to Restore a Safe Environment'.

Phillip Sutton is the Manager of RSTI (Research and Strategy for Transition Initiation), a non-profit organisation that engages in strategy development and engagement to catalyse the urgent initiation of a full scale transition to a sustainable economy – focusing especially on the very rapid emergence of the necessary social and political commitment to make this transition possible. He is co-founder of Safe Climate Australia and past-President of the Australia New Zealand Society for Ecological Economics. Phillip co-authored "Climate Code Red", which puts forward a case for emergency action on climate change. Phillip was the architect

of the Victorian Flora and Fauna Guarantee Act passed in Victoria in 1988.

Other speakers include, Paul Cooney who will talk about Solar Hot Water Systems, Alan Cuthbertson on - double glazing your home, Tony Paarhammer - energy efficiency of windows and doors and bush fire safety, the Victorian National Parks Association's Caitlin Griffith on the richness of native species in the Wombat State Forest, Ralf Thesing (President MRSG) presents a talk on Beyond Zero Emissions.

These talks will take place inside the Hub at the Neighbourhood House. The Sustainable Living Festival is on Saturday 9 February 2013 at the rear of the Woodend Neighbourhood Centre and Hub, 10am – 4pm. A program for the speakers will be available soon on [www.mrsgonline.org.au](http://www.mrsgonline.org.au), All enquiries to Alastair Fleming 0412 178 408.

Submitted by Nae Gyuffy

## 26<sup>th</sup> Annual Picnic at Hanging Rock Car Show



*Proudly presented by The Macedon Ranges & District Motor Club*

Join us on Sunday 10th February for the 26th Annual Picnic at Hanging Rock, a show designed for classic vehicles. This annual event is staged in a lovely shaded setting in the Hanging Rock Reserve and in excess of 2,000 vehicles of all makes and sizes travel from across Victoria to support this car show.

Entry fees are \$20 per car/truck, \$5 for motorcycles and pedestrians (children free), and \$5 a head for adults on buses.

This is an event not to be missed, it's one of the biggest classic car shows in Victoria. Entry is limited to Pre 1985 vehicles

Entry conditions apply for all vehicles entering into the designated display areas - general parking for all vehicles not 25 years or older.

Display area access from 7:30 am, general parking areas from 8am. Come along, tour the show & enjoy a picnic  
*Please note: In the event of a Code Red day for the the Picnic at Hanging Rock event will be cancelled. Due to the logistics of staging the event it will not be rescheduled for the current year.*

Submitted by Macedon Ranges & District Motor Club



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## The New Woodend Star

An initiative of the Rotary Club of Woodend Inc.  
The Bank, 75 High Street, Woodend, Vic. 3442  
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Disclaimer: Articles and comments published in this newspaper are the result of contributions from local groups and relevant news articles pertinent to the Woodend district. Neither the Rotary Club of Woodend Inc., The New Woodend Star nor the editorial team are liable for any mistakes, omissions, or misprints. It prints and makes no representation as to the truth or accuracy of any description, and accepts no liability for any loss suffered by any person who relies on any statement contained herein. The opinions expressed are not necessarily those of the editorial team. The committee reserves the right to omit, reject, cut, alter or otherwise re-work submitted articles to make them suitable.

Committee: Barry Napthine, Ivor Johnson, Claudia Green, Brendan Watters, Alexia Downie, Sue Macklin & Jane Watters

### Closing date for inclusion of articles or advertising for each issue is the 15th of the month prior to publication Information for Advertisers

*Prices for advertising 2013 only. All rates include GST & are priced per month.*

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#### Woodend Star Publication Dates for 2013

February	January 28 <sup>th</sup>	July	July 1st
March	February 25 <sup>th</sup>	August	July 29th
April	March 25 <sup>th</sup>	September	September 2nd
May	April 29 <sup>th</sup>	October	September 30th
June	June 3rd	November	October 28th
	December	December	December 2nd

Changes to advertisements, new advertisements or cancellations must all be made by email or in writing. All advertisements will be placed and charged for until notified otherwise.

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## Clarkefield Music Festival

*A Cambodian Kids Foundation Fundraiser*

*Sunday 17<sup>th</sup> March*

The Second Annual Clarkefield Music Festival will see some of Australia's finest musicians join forces for a common cause, as they raise money to help children and their families living in poverty in Cambodia. All money raised will go directly to the running of a new school for over one thousand children in the Kampong Thom province.

The Festival will feature renowned Australian musicians Tim Rogers, Mick Thomas and The Roving Commission, Sal Kimber, The Toot Toot Toots, Charles Jenkins and The Zhivagos, The Stetson Family, San Gras and Dead River Deeps, with local acts Paper Jane, Brother Johnstone, Jarrod Shaw and Sarah Wilkinson.

Set on a vast grassy green lawn, surrounded by paddocks, trees, old wagons and the beautiful old bluestone buildings of The Clarkefield Hotel, it's an ideal place to lay down a rug, sip a cold beer and enjoy some of the finest music this country has. With BBQ food, cold drinks, market stalls, a jumping castle, good friends and great music, it's a perfect way to spend a Sunday and raise some much needed funds to help the lovely people of Cambodia.

The Cambodian Kids Foundation is a not for profit organisation and a registered Cambodian NGO. Our foundation aims to educate and empower the people of Cambodia through a number of projects that ensure maximum sustainability and success.

The Clarkefield Pub (Coach and Horses Inn) 50 Station St, Clarkefield, from 12 midday – 9.30pm. Tickets cost \$30 presale, \$35 at The Gate, Family tickets \$70, Under 12 y/o's free!. No BYO, drinks at bar prices. For more information and ticket sales go to [www.clarkefieldmusicfestival.com](http://www.clarkefieldmusicfestival.com).

Submitted by Lincoln for Cambodian Kids Foundation.

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## Nepali dinner

On a trekking trip to Western Nepal, Peter and Ronda Hall, from Spring Hill, were enthralled by the spectacular snow-capped peaks of the Himalayas. They came across Paudwar, a small village set high in the mountains, surrounded by terraced fields, and accessed by way of a four-hour climb from the nearest road. They admired the friendliness of the local Nepalis, and wished to support the villagers.

An initiative gradually developed into a project that aids a country in real poverty. Rural Nepal is amongst the poorest areas of the world (outside Africa, and only ranking higher than Afghanistan) and the project aims to help the villagers help themselves. A number of teachers have been trained, improving education standards in six local schools. A recent enterprise by the villagers of Paudwar has seen the development of a community dairy farm and cheese factory. Such is the steepness of the climb to the village that one reluctant cow had to be tied to a pole and carried up the track by the villagers!



Peter Hall, a member of the Rotary Club of Woodend, has now brought Krishna Pun and his children over to visit Australia. Krishna is the Development Co-ordinator for the village. He is learning about Australian methods of dairy farming, goat husbandry and cheese-making, together with hospitality and hygiene standards to help villagers offering home-stay trekking.

In support of this enterprise, a dinner is to be held at the Mechanics Institute in High Street, Trentham at 6.30 for 7 p.m. on Saturday 9th February (BYO). George Hillary, grandson of Sir Edmund Hillary, will talk about his family's involvement in aid projects in Nepal. There will be Nepalese cuisine provided by Gurkhas Nepalese Restaurants of Melbourne. Tickets are \$45

a head. See booking details online at [www.nepalaid.org.au/](http://www.nepalaid.org.au/) or email enquiries to [info@nepalaid.org.au](mailto:info@nepalaid.org.au) or call 03 5424 8274.

Submitted by John Williamson

## Where Are We Headed? Your Vision for Our Shire

Macedon Ranges Shire Council is developing its next Council Plan and is inviting people to share what they think needs to be changed, protected or created across various aspects of life in the Macedon Ranges.

The plan sets Council's course for the future and outlines what we want to achieve over the next four years. Council wants to hear your comments and ideas about what we should focus on.

Council will be exploring five key themes with the community: Families and children, young people, working and living, older people and Council leadership.

To share your thoughts and ideas about the future of our shire, you can attend a community gathering in Kyneton, Woodend, Romsey or Gisborne in February. You can also complete an online survey or send in a written submission by 31st March 2013.

Community gatherings will be held on Tuesday 18th February at the Kyneton Mechanics Institute from 10am-12pm and the Woodend Community Centre from 6-8pm. Further sessions will be held on Thursday 21st February at the Romsey Community Hub from 10-12pm and the Gisborne Administration Centre from 6-8pm.

To complete the online survey, visit [www.mrsc.vic.gov.au](http://www.mrsc.vic.gov.au). You can also send a written submission to Peter Johnston, CEO Macedon Ranges Shire Council, PO Box 151, Kyneton VIC 3444 or [mrsc@mrsc.vic.gov.au](mailto:mrsc@mrsc.vic.gov.au)  
Submitted by G. Gamble, Communications and Public Relations Coordinator Macedon Ranges Shire Council

## Woodend Rainfall Report 2012

Each month we add the rainfall details and the year to date total. Our rainfall report shows **2007, 2008, 2009, 2010, 2011 and 2012** comparisons. Please note that your own rainfall readings may not exactly match these.

	2007	2008	2009	2010	2011	2012	
January	83.5	17.1	0.08*	54*	227.5	31	Jan
February	27.4	22.1	2.5*	71.5*	115.0	133	Feb
March	35.7	25.4	42.5*	121*	35	84	Mar
April	20.2	20.4	51*	45	63.5	35.5	April
May	95.7	43.7	30.5*	39	73.5	54.4	May
June	105.1	88.7	66.5*	98.5	69	126.8	June
July	83.3	112.5	76.5*	87.5	82.5	102	July
August	34.8	52.2	107.5*	148.5	56	113.7	Aug
Sept	49.8	42.0*	88.5*	97	98.5	54.6	Sept
Oct	12.1	13.0*	46*	154.5	86	39	Oct
Nov	91.0	67.2	99*	193	82	31.4	Nov
Dec	101.2	96.0*	60*	93	120	21.4	Dec
<b>YTD:</b>	<b>739.8</b>	<b>600.3</b>	<b>670.5</b>	<b>1202.5</b>	<b>1119.5</b>	<b>823.8mm</b>	

The last 4 months of 2012 produced just 146.4mm which is the driest 4 month period in 10 years

1 inch = 25.4 mm therefore the total rain for 2012 is 32.43 inches



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## Macedon Ranges Farmers' Markets for February

Macedon Ranges Farmers' Markets are all proudly accredited with the Victorian Farmers' Markets Association, the peak body for farmers' markets in the state. We work hard to provide a viable trading place for local producers of fresh produce, meats, bread & pastries, honey, eggs, cheeses, plants, preserves, livestock & more.

Markets at Woodend & Kyneton offer Home Produce Exchange services. Bring along your excess to trade with others. Produce, seeds, jams, eggs & plants are all items that can be traded.

All markets run from 9am to 1pm. Please bring your own bags, baskets & trolleys - helping to preserve our environment.

Woodend- February 2nd, Kyneton February 9th, Riddles Creek February 16th, Lancefield February 23rd

Submitted by Meggs Hannes



## From Bees to Beef, Grapes to Grains: Agribusiness Survey

The Macedon Ranges Agribusiness Survey is now open, with the aim of contributing to a plan that will ensure a secure and sustainable agricultural future for the Macedon Ranges.

The survey is the initial stage of the Macedon Ranges Agribusiness Plan and will capture valuable data on the economic contribution of both primary and value-added produce within the shire, and provide information to guide the development of the plan.

Participants who complete the survey will have the opportunity to be entered into a draw for either a \$300 voucher from Landmark Dwyer Kyneton or Elders Kyneton or one dozen bottles of local wine.

The Macedon Ranges Agribusiness Survey is available both online ([www.mrsc.vic.gov.au](http://www.mrsc.vic.gov.au)) and in hardcopy through all Council offices.

Council Officers are available to help participants complete the survey over the phone or in person, if accessing the survey is difficult. There will also be a stand at local farmers' markets for the duration of the survey. The next stage of the plan will be to develop recommendations for addressing the opportunities and constraints raised through the survey. These will be refined through a series of industry and community workshops before the plan is finalised.

The Macedon Ranges Agribusiness Survey is open from 14th January to 10th February 2013.

Submitted by G. Gamble, Communications and Public Relations Coordinator Macedon Ranges Shire Council

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# World Day of Prayer

Friday 1st March 2013

Join with the Women of France in a Day of Prayer Services which will be held in over 170 countries and islands worldwide, when some three million people will be taking part in a globe-circling Day of Prayer.

The service focuses on the women of France. In keeping with their theme, they pray for the women and men who dare to cross borders to study or work drawn by the promise of a job and a better life. They thank God in gratitude for those who have succeeded. They pray with alarm and concern for those who are caught in the dangerous trap of human trafficking. They ask God to help them reach out to these people so that they can be free and live in dignity. They pray for the courage to face the reasons why people are driven from their homes through wars, natural disasters, damage caused by climate change or a failed economy.

On this World Day of Prayer, they come united to voice their needs and express their concerns to God. Their story reflects some of our own concerns in Australia. Therefore their call for prayer resonates with us, as we echo the phrase from the story Jesus told in Matthew 25:35 "I was a stranger and you welcomed me". Further information and resources can be found on the World Day of Prayer Australia website [www.worlddayofprayeraustralia.org](http://www.worlddayofprayeraustralia.org) This years service will be held at St Mary's Anglican Church 15 Buckland Street Woodend. Please contact Alison Killoh 0417 815 593.

Submitted by A. Killoh

## Breast screening

—*finding cancer early could save your life*


BreastScreen Victoria's Mobile Screening Service is: high quality digital screening • quick • free • for women over 40.



BreastScreen Victoria will be in Kyneton from the 8th February until the 3rd April. You will find us outside the Kyneton District Health Service, Caroline Chisholm Drive.

Call 13 20 50 or visit [www.breastscreen.org.au](http://www.breastscreen.org.au) to make your appointment

Submitted by MRSC



*I Was a Stranger and You Welcomed Me*

**World Day of Prayer**

Friday, 1<sup>st</sup> March

St Mary's Anglican Church  
15 Buckland Street  
Woodend

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MEMBER FOR MACEDON

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[www.joanneduncan.com.au](http://www.joanneduncan.com.au)

Authorised by J Duncan, Shop 14/9 Goode St, Gisborne

## Scouts On Jamboree

Sixteen scouts and three leaders from 2nd Woodend Scout Group joined 11,500 scouts from all over Australia and 12 other countries at the 23rd Australian Jamboree held over the last two weeks in Maryborough, Queensland.

At the Jamboree we participated in over 150 different activities in perfect Queensland sunshine, including fun in the water at Hervey Bay, a visit to Australia Zoo, getting muddy at the "Challenge It" obstacle course, a giant water slide, water soaking and lots more.

As well as getting wet and muddy, the scouts made picnic tables to donate, experienced playing basketball in wheelchairs, ran their own radio station, climbed, abseiled and swapped badges with other scouts.

And if that wasn't enough, every night the main arena throbbed to dancing and the sounds of Timomatic, Reece Mastin, Jessica Mauboy, and the Justice Crew, as well as comedy, Acca Dacca and Chisel Review.



Camping in tents for 10 days, the scouts cooked and served all their own meals, worked as a team to complete all the challenges and activities, and made many new friends.

Tired but happy, we've packed up all our tents, said goodbye to our new friends and are heading home with memories to last a lifetime.

Enquiries about scouts can be made to Andrew Johnson on 0400 616 393.

Submitted by Jane Walduck

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## Woodend Cemetery Trust News

As with any land within and around Woodend, the Woodend Cemetery has prepared for the fire season by cleaning up and reducing long grass. This has mostly been done with the assistance of our volunteer Steve O'Connor, whilst other staff have concentrated on regular maintenance.

Being a not for profit organisation the cemetery is very dependent on the assistance and good deeds of volunteers and organisations. Any person or group that would like to help are welcome to contact the Secretary of the Trust.

The Trust is looking towards improving the driveway, clearing fence lines of weeds and rubbish, replacing outdated water pipes, installing Woodend Cemetery signage at the entrance and an information board - these are a few things that we could use some assistance with. As always there are many other things to be done such as removing tired flowers, picking up sticks and weed removal. We may be contacted for enquiries by either telephoning the Secretary, Keryn Allan on 0417 011 300, or in writing to PO Box 179, Woodend 3442.

Submitted by Philip Johnson on behalf of the Woodend Cemetery Trust

*Lachlan Fleming*  
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## St Mary's Great Garage sale

**Saturday, 2nd February 2013**

St Mary's Anglican Church  
will be holding a great garage sale and pre-loved clothes sale  
on Saturday, 2nd February 2013 from 9am to 3pm in the  
church grounds at 15 Buckland Street.

Delicious Devonshire teas will be served in the Norma  
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will be selling beautiful knitted baby clothes along with a  
selection of homemade produce. For more information  
email us at [woodendanglican@gmail.com](mailto:woodendanglican@gmail.com) or find us on  
Facebook.

### **Linen and lunch - Lorraine Lea linen party**

St Mary's Anglican Guild invites you to join them for a  
Lorraine Lea linen party and a light lunch on Wednesday  
13th February 2013 from 10.30am at The Norma  
Richardson Hall, 15 Buckland Street, Woodend.

Come along and treat yourself to some lovely bed linen,  
tableware, towels, tea towels, aprons and much more from  
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prize and a raffle.

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or call Norma on 5427 2315.

### **St Mary's Anglican Church**

Regular services are held at St Mary's Anglican Church on  
Sundays at 10.30am and Wednesdays at 10am. Whether  
you're new to Woodend or just visiting please come and join  
us and stay for a cuppa afterwards.

St Mary's is located at 15 Buckland Street, Woodend.

Contact: The Rev'd Malcolm Thomas 5427 2460

### **Diary Dates**

- Sunday, 10th February annual Harvest Festival at  
10.30am, where people are asked to bring produce (not  
perishables) that are distributed to the Asylum Seeker  
Resource Centre.
- Ash Wednesday Service is at 10am on 13th February,  
with the Imposition of Ashes.
- Annual General Meeting will be held on Sunday, 24th  
February at 10.30am.
- The World Day of Prayer will be held at St Mary's this  
year on Friday, 1st March at 7.30pm.

Submitted by Angela Van Dam

## What's New

New season's colours of quality  
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# DUNEIRA

## Mount Macedon

Duneira Mt Macedon is now offering courses for adults and children, on the Mount and at Woodend Primary School starting in March 2013.

**The following courses are now available for enrolment. Places are strictly limited.**

**Italian and Chinese Lessons:** In the setting of the glorious Duneira homestead in the afternoon or early evening, learn Chinese or Italian for adults.

**NEW!!** There are also special courses for children to be held at Woodend Primary School on Wednesdays from 4pm - 5pm. Language lessons are with a native speaker, and are mainly beginner level. Private lessons can also be accommodated both at Duneira and at Woodend Primary School.

**Meditation sessions** are the Stillness Meditation method made famous by Ainslie Meares. This weekly course is in association with the 2 hour meditation session with Pauline McKinnon on Monday 11 March. Meditation is held at Duneira in its inspiring lounge room on Tuesdays with two separate sessions at 4:30 and 6pm.

**Art classes:** 'Look Afresh - Observational drawing in pencil and charcoal, pen and ink', is a six-week course. Two weekly will be held at Duneira starting in April, no experience is necessary and course information sheets provided.

**Performing Arts for Children with Special Needs:**

Children participate in various dance styles, music, acting and drama for 60 minutes with an experienced therapist. This program is designed to empower children to communicate, improvise and grow.

Children with autism are encourage to apply. This course is held twice on a Monday morning at Duneira.

**'Meet the Harp' Workshop**

Presented in conjunction with the Woodend Winter Arts Festival Alice Giles and members of SHE give an introduction to the harp. How does it work? Where was the harp invented? What do the pedals do? How old do I have to be to play the harp? Answer: Any age! This workshop includes solo performances, followed by a Q & A session, and the chance to try playing the harp. Held at St Ambrose Catholic Church Woodend Monday 11 March at 11am. Aimed at Primary and Secondary School ages

**GATEWAYS:** Programs are run via GATEWAYS and the associated state school of your child. Programs are held at Duneira and some of the topics that will be included are biology, botanical art, writing workshops, art history and history. Please enquire through your school or GATEWAYS.

**Botanical art:** Work intimately with the internationally acclaimed botanical artist Jenny Phillips. This workshop is open to artists with some experience in watercolour and drawing. It will be a remarkable day painting autumn leaves in the garden at Duneira with this specialist where autumn occurs earlier than in Melbourne. A materials list will be supplied upon application.

Please read further information about all courses on our website or call us for more information.

**DATE** Tuesdays (languages, meditation, art)

March 5, 12, 19, 26; April 16, 23 & 30; May 7, 14 & 21

Art classes begin on Tuesday 9 April Mondays (performing art therapy) March 4, 18, 25; April 15, 22 & 29; May 6, 13 & 20

Botanical art one day only Saturday 23 March

**TIME** Languages at Duneira 1.30pm, 4pm & 6pm (1.5 hours)

Languages at Woodend Primary School 4pm (1 hour)

Art classes 2pm & 5pm (2 hours)

Meditation 4:30 & 6pm (1 hour)

Performing Art Therapy 9:15am & 10:30am (1 hour)

Botanical Art Workshop (one day only, 9:30 - 4:30)

**COST** Languages at Duneira \$220/200

Languages at Woodend Primary School \$120

(primary students only)

Art classes \$260/230

Meditation \$320/300

Performing Art Therapy \$153

Botanical Art Workshop \$140

Meet the harp workshop \$10

GATEWAYS on application

Further Details on our website. Fees do not include materials. Bookings essential [www.duneira.com.au](http://www.duneira.com.au)  
Enquiries and phone booking: phone 5426 1490

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• **Intro to NLP & Neuro-Semantics - 5th February 2013**

*This fun workshop will include practical demonstrations of how you can more effectively manage your mind, emotions and actions.*

• **Goal Setting - 19th February 2013**

*Properly setting goals can enable you to achieve your dreams.*

• **Dissolving Phobias - 5th March 2013**

*A fear flying, spiders, driving cars, job interviews? This workshop will help dissolve your phobia and free you to enjoy life and reach your goals.*

• **Critical Decision Making - 12th March 2013**

*How to confidently make those important decisions and stop procrastinating.*

• **Excuses Be Gone! - 19th March 2013**

*Stop making excuses, and get on with your life.*

• **Raising Unbullyable Children - 23rd April 2013**

*Introduction to strategies to help your child become "unbullyable" and have increased confidence and self-esteem.*

• **Effective Learning & Exam Strategies - 7th May 2013**

*For school students (Yrs 11 & 12) and adults, provides strategies to help build a state of mind which will assist learning and exam performance.*

Please find out more about workshop content & NLP by visiting [www.mindfreedom.com.au](http://www.mindfreedom.com.au) or call Robert on 0488 061 117

All workshops 7.00pm - 9.00pm Tuesdays at the Woodend Neighbourhood House.

Registrations Ph. 5427 1845 or visit [www.woodendnh.org.au](http://www.woodendnh.org.au)  
Investment per workshop \$25.00

## Secure water supply on offer to Woodend growers

Recycled water has been keeping Woodend's ovals green all year round for years - now agricultural and industrial businesses in the town can benefit from a reliable water supply too.

Western Water is calling for expressions of interest in the Woodend area for connection to recycled water, which would be supplied from the Woodend Recycled Water Plant.

Recycled water is produced from sewage, and is used for a range of purposes, helping save millions of litres of precious drinking water each year.

When supplied through dedicated pipelines, recycled water gives businesses a reliable supply of water for suitable purposes all year, regardless of rainfall.

About 80 customers use recycled water across Western Water's region, from vineyards to racing tracks.

The network is expanding, with a new pipeline being constructed in Gisborne South to bring recycled water to agribusinesses, including vineyards and orchards.

Woodend businesses who register an expression of interest would then need to have their site and proposed uses for recycled water assessed to ensure they are suitable.

Anyone interested should contact Western Water's Renewable Resources team on 1300 650 422 or check the "news" section at [westernwater.com.au](http://westernwater.com.au).

Submitted by B Lloyd, Communications Advisor, Western Water.

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# Donna Petrovich MP

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Authorised by D Petrovich, 84 Sydney Street, Kilmore.



## Bushfires and your water supply

Despite our efforts, Western Water cannot guarantee that water pressure or an uninterrupted water supply will be maintained in the event of a bushfire.

For the latest updates about your water supply during an emergency join Western Water on Facebook and Twitter, log onto [westernwater.com.au](http://westernwater.com.au) or contact us directly on 1300 650 422.

We recommend you contact your local CFA for information about bushfire planning.

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## Share Your Favourite Parts of Woodend

Woodend residents are invited to share photos of their favourite buildings or features to guide the design and layout of future development in Woodend so that it respects existing character.

Up to 25 photos can be submitted per person and all participants will be placed in a draw for a gift voucher from a local restaurant in Woodend.

Council will use the photos to prepare a Neighbourhood Character Study to form part of a new town plan for Woodend, which will shape the future growth and development of the town to 2036.

"All ages and residents are invited to participate in this photo survey. It is a great way of capturing what you think is important or special about Woodend's character," said Director Planning and Environment, Sophie Segafredo.

Photos submitted will be displayed at the community workshop to discuss the new Woodend town plan, expected to be held in March of this year. Details of the workshop will be provided to residents shortly.

Photos can be sent to [helen@planisphere.com.au](mailto:helen@planisphere.com.au) or PO Box 151 Kyneton 3444 until 31st of January 2013. Both hard copy and electronic formats are accepted. A name, address and telephone number should be included.

Council is also accepting nominations from local groups and residents to be part of a Community Reference Group for the Woodend Town Plan. The group will be made up of 10 or

12 people who represent a range of perspectives from different sectors of the local community.

"The Community Reference Group will ensure that the interests of the community or local groups are represented in this important project. The group will help guide the process of preparing the town plan and will meet at various key stages," she said.

A copy of the application form and terms of reference for the Community Reference Group can be accessed online at [www.mrsc.vic.gov.au](http://www.mrsc.vic.gov.au) or by calling 03 5421 9699. The closing date for nominations is 31st January 2013.

Submitted by G Gamble, Communications and Public Relations Coordinator. MRSC

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The Woodend Unit of Red Cross meet on the first Thursday of the month. The first meeting of 2013 will be the 7th of February at 1.30pm at 39 High Street Woodend. New members will be made very welcome.

Submitted by M. Hocking

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## Great Place Woodend - The Year Ahead

The coming year will see a number of important conversations occurring around the future of Woodend.

Many of you will have received a letter from the Macedon Ranges Shire Council seeking representation on a Community Reference Group, which will inform the Council on issues and opportunities related to the development of the Woodend Structure Plan. This plan will consider Woodend's development needs for the next 20 years, so if this is something that concerns you, then now is an important time to participate in the upcoming community conversations. You can also participate by sending Council photos of your top 25 likes (and dislikes) of places in Woodend.

From February, Great Place Woodend will continue its program of "Deep Dives" into particular areas of focus for the community. Some of the outcomes from these sessions will be incorporated into the thinking for the future Woodend Structure Plan and we encourage participation in these sessions from all members of our community. The upcoming sessions will include discussions around focus areas such as the "Built Form" of Woodend, Woodend's sense of place and the importance of the arts, energy, ecology and social health and cohesion.

The first session for 2013 will consider issues related to "Built Form" including residential development (both infill and multisite development), the "High Street" layout, its sense of place and structural aspects, as well as broader issues associated with infrastructure improvements that must be considered in possible growth plans. The date for this first meeting will be finalised in the coming weeks and will be notified on Great Place Woodend's Facebook page and via notices displayed around the town.

In other exciting developments, Great Place Woodend will shortly be launching a new website which will include information about upcoming events and notes from meetings held last year. Please take time to view the site at [www.greatplacewoodend.com](http://www.greatplacewoodend.com) and we encourage you to join in the conversations, which continue online for Facebook users on the Group page "Great Place Woodend".

Submitted by Samantha Read on behalf of Great Place Woodend

## Macedon Ranges Film Society Thinks Big

In 2012, the films showed by The Macedon Ranges Film Society reflected the wide range of interest of its committee and members. Drama in the form of the troubled teenagers in "Heavenly Creatures" was followed by the very thought-provoking "Look Both Ways" and hilarity took over for the final offering of the year, "Little Shop of Horrors".

Now in its third year, the MRFS has again chosen a list that has something for everyone - comedy, drama, early cinema, musical, the lot - and all on the big screen. The year begins on Wednesday, February 13th with "Little Miss Sunshine", a charming look at a family whose combined goal is to achieve stardom for their young daughter. The Macedon Ranges Film Society meets in the Woodend Community Centre at 7p.m. on the second Wednesday of every month and the film begins at 7.15 p.m sharp. Film notes are provided. Supper after the film gives members an opportunity to discuss the film in a relaxed and convivial setting. Membership is \$65 per person for a total of ten films. Enquiries can be made through the website: [mrfilmsociety@gmail.com](mailto:mrfilmsociety@gmail.com) or you can call Vicki on 5427 2323 or Lorraine on 5427 0921.

Submitted by Christine Caley

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# 1st Woodend Scouts Jamboree Adventure

Eleven Scouts and two leaders from 1st Woodend Scout Group have just returned from a 'once in a lifetime adventure' otherwise known as the Australian Jamboree 2013. Our 1st Woodend Scouts joined Scouts from 1st Macedon and 1st Keilor to form the Emanon Troop. As we waved them off, we knew our Scouts and Leaders would return home with new experiences and capabilities and stories to share.

Scouts are tenacious: they cheerfully boarded their bus early on New Year's Day, and arrived in humid and sunny Maryborough (Qld)...it only took 30 hours! They then pitched their tents, attended the Opening Ceremony, enjoyed the fireworks, started to meet some of the 11,000 Scouts at Jamboree, and collapsed into their stretchers for the first night of their 10 day adventure.



Our Scouts then had a huge task ahead of them – to have loads of fun getting through all of the Jamboree onsite activities: laser tagging/nerf war, flying fox races, milk crate stacking, wheelchair basketball, giant slides, rock climbing/abseiling, learning circus skills, getting through an obstacle course, racing through mud, building things, beating things, and selling things on Market Day.

Then there were the offsite activities of beach activities, raft building, finding Wally in Maryborough and visiting Australia Zoo. Scouts were responsible for making sure they got to all activities on time, thus learning the importance of responsibility and punctuality. Scouts were also responsible for meal preparation and other campsite chores, thus learning the importance of pitching in and 'doing their bit' in a team.

Just to ensure that our Scouts didn't get bored at night there were many evening activities they could enjoy. Some Scouts even managed to squeeze in a few hours' sleep!

Scouts are resilient. After 10 days of action the Scouts packed up their campsites, packed their bags full of dusty and dirty clothes, headed off to the Closing Ceremony and on to their buses for their journey home...30 hours later they arrived back in Woodend safe and sound, with many tales of adventure to share and an absolute compulsion to sleep for a day!

Our heartfelt thanks is extended to all of those within our community who contributed to the 1st Woodend fundraising activities which helped us to meet the considerable cost involved in getting our Scouts and Leaders to Maryborough. Thank you one and all for your support of our youth.

1st Woodend membership enquiries can be directed to either Dietlind Schutte (5427 1633) or Leisa Macartney (0429 331 695). 1st Woodend offer programs for ages 5 to 26.

Submitted by Leisa Macartney (Group Leader 1st Woodend Scout Group)

## ARE YOU AWARE OF THE CURRENT SUPERANNUATION RULES?

Trustees and members of Superannuation Funds need to be aware of current superannuation rules and opportunities, including:

- The concessional contribution cap for 2013 & 2014 is \$25,000. Individuals with a salary sacrifice arrangement should ensure this cap is not exceeded or excess contribution tax may apply.
- Any unpaid trust distributions from related parties need to be paid to the Fund by the earlier of either the annual return due date or actual date of lodgement.
- Pension payments must fall within the minimum and maximum thresholds otherwise the Fund and pension may lose concessional tax treatment.
- From 1 July 2012 individuals whom breach an adjusted income threshold of \$300,000 will have their concessional contributions taxed at 30% as opposed to 15%. The 30% tax rate will only apply to the part of the contribution which has caused the breach.
- Income protection insurance for a member can be now be held by a Superannuation Fund provided it is permitted under the Fund's deed.
- Further borrowings are allowed to fund repairs and maintenance but not improve an existing encumbered asset

If you have questions relating Superannuation Funds please feel free to contact Andrew Marshall or Janine Orpwood on 5427 3790 for an initial consultation.

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If you prefer 'the real thing', you can also borrow magazines and reserve new issues for free! See your friendly librarians at Woodend Library or check out our online catalogue to see what we've got. Our titles range from gardening, cooking, interior design, travel, fashion to hobbies, fitness and parenting.

Visit Woodend Library at the corner of High and Forest Streets, or call us on 5427 2074 for more information.

Submitted by S Prestney for Woodend Library

## The Cotton Club Comes to Macedon

### *Boa's and beads, bow ties and Big Bands*

The glitz and glamour, romance and charm of the 20's, 30's & 40's comes to Macedon. Gisborne Peak Winery is hosting 'The Cotton Club at Macedon' featuring the 'Naturally Cool' Big Band at Jubilee Hall on Friday, 15th of February.

Swing and jazz mixed with some pop and rock all with the Big Band sound. The night starts at 7:30 p.m. with supper served at 9:30pm. Music to midnight, with dessert and coffee at 11:15pm. Book now, as there are limited seats. The band members play for free, but the Band charges a fee that is then donated to local charitable organizations.

Book via: [www.trybooking.com/CHHN](http://www.trybooking.com/CHHN) or by phoning Gisborne Peak Winery on 5428 2228. Cost is \$50 and includes entry, entertainment, supper and sweets. Drinks available to purchase.

Submitted by Sandra McGregor, Tourism Macedon Ranges



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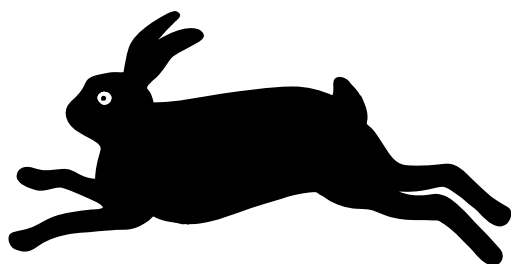
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# Eating Out, In & Around Woodend



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Saturday, February 9

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### VALENTINES DAY

Thursday, February 14

Lemon tagliolini with a poached scallop  
Chateaubriand for two with a truffled jus  
Nougat semifreddo with berries

Saturday, February 16

### CRETE

Olives, Haloumi, Octopus and Mussels  
Roast leg of lamb, wild greens & tomatoes  
Galaktabouriko

Saturday, February 23

### IBIZA

Gazpacho  
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Almond creams with figs and honey

Saturday, March 2

### CAPRI

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## Support for Small Town Arts Projects

Macedon Ranges Shire Council is encouraging community groups to apply for new funding from Regional Arts Victoria to help transform their town through the arts.

Small Town Transformations invites applications from communities in small regional Victorian towns of 1500 people or less. The program aims to celebrate the ideas, creativity and resourcefulness in Victoria's small towns.

Up to \$350,000 is available for projects with strong community support and participation.

"This is an extraordinary opportunity for smaller towns in the Macedon Ranges to develop artistic projects that can effect change, improve infrastructure and help realise local aspirations," said Robyn Till, Council's Coordinator of Cultural Development.

Projects may be in the form of a sculpture, landscape design, literature, visual arts, craft, design or performing arts.

Council's Cultural Development Unit will assist interested applicants with developing grant applications and may be able to auspice unincorporated groups.

"Please call us to discuss your ideas – the possibilities are limited only by your imagination – think big!" said Ms Till. The two-stage application process begins on Monday 14th of January 2013. To find out who is eligible to apply and join online discussions about the program, visit the Regional Arts Victoria website: [www.rav.net.au](http://www.rav.net.au)

Submitted by G. Gamble Communications and Public Relations Coordinator, MRSC

## Carlsruhe community corner

### *The Carlsruhe Cemetery Trust*

The Trust is seeking local residents to apply for appointment to the Cemetery Trust. Preferred qualifications are: under 50 years of age; already a volunteer and seeking a new challenge; have governance experience in not-for-profit organizations; be a husband and wife(or equivalent) team prepared to take on the essential roles of Chairperson and Secretary/Treasurer. Enquiries; Please contact Bill Taylor Phone 5422 2201

### *Diary Dates...*

Landcare Group meeting is on Tuesday the 5th of February at 7.30 PM. Please contact Hanne to confirm. Anyone interested in being involved please come along to the meeting. Anyone looking for information please email us on [carlsruhecp@hotmail.com](mailto:carlsruhecp@hotmail.com).

Submitted by Margaret Glen

One World Resourcing ("OWR") is a new Woodend based company sourcing scarce trade skills from Ireland and UK to work for Australian regional and urban employers. OWR is pleased to announce our plan to establish a Woodend Payroll Services Bureau to service small to medium Enterprises in the Macedon Ranges and surrounding region.

Please email [cassandra@oneworldresourcing.com](mailto:cassandra@oneworldresourcing.com) to register your interest.

[www.oneworldresourcing.com](http://www.oneworldresourcing.com)





WOODEND NEIGHBOURHOOD HOUSE

**New Years resolutions**

Is 2013 going to be your year?

Maybe you want to get a little lighter, eat well and get fit, learn a new language, expand or try a new hobby or just get your life back on track?

We can help with all these and more at Woodend Neighbourhood House.

This term we are offering a new Weight Support Group to support and help you achieve and maintain your goal weight. Zumba is returning on Saturday mornings and we also have new yoga classes on Thursday nights along with our usual Pilates, Tai Chi, Belly Dancing, Cycling, Walking group and Senior Exercise classes, to help keep you fit and healthy.

Our cooking workshops continue with the *How To* ...series where each week you learn how to cook a different cuisine or type of dish. In *Hands On* cooking you'll learn to cook a themed three course banquet each session and there's also *Blokes and Mates Kitchen* for a decidedly more male slant on cooking with ingredients like beer. The very popular Kids cooking classes are back as well.

There's also a new Introduction to Hospitality course that can help put you on a path to working in the hospitality industry.

This term we are offering Spanish and French classes and possibly also Dutch, with German returning next term.

If it's a new hobby your after, new this term we have Silver Casting where you can create a small object or piece of jewellery. Painting with Watercolours or Acrylics, Creative Writing, Jewellery group and Digital Photography are also on offer.

If your looking to get your life back on track and get some skills to do this then why not try some of our new Neuro Linguistic Programming and Neuro-Semantics classes – got no idea what I'm talking about? Well come along and try the workshops on themes like goal setting, getting rid of phobias, raising "unbullyable" children, critical decision making and more. We've also got young mums and Womens circles starting as well as Dream workshops, Hairstyling and Sustainable Building Design workshops.

Classes start back from the beginning of February and we have lots on offer for you to try so *Excuses be gone* and we look forward to seeing you soon.

If you are interested in any of the courses mentioned please contact Julie on 5427 1845, email [coordinator@woodendnh.org.au](mailto:coordinator@woodendnh.org.au), or check out our website [www.woodendnh.org.au](http://www.woodendnh.org.au) to book or find out more.

Submitted by Julie Wilson-Annan, coordinator

  
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## Browned Off!

It is always risky writing about the weather two weeks prior to publication, but in this case it looks pretty safe as our sudden dry spell drags on. Hopefully February will bring a change and some wetter conditions.

As we try to keep our gardens alive with the least use of valuable water, it is hard to find something positive to say about the weather. We are enduring not only a very dry spell but also lots of wind. For almost the first time, Landcare has to water the spring plantings. Even local indigenous plants need some moisture.

Our plantings of exotic trees also need some help and it is interesting to note the species which managed to survive the downpours of 2010 and 2011 and also the mini-drought we now seem to be experiencing. At least we hope it is a "mini" drought! We are very glad that we deposited large quantities of wood-chip mulch under each tree which is certainly helping.

Much loved trees such as Maples, Silver Birches and Liquidambar now seem to be quite unsuitable for many gardens as they are susceptible to either too much or too little water.

Of the native plants, species such as the Victorian Christmas Bush (*Prostanthera lasianthos*) and the Mountain Pepper (*Tasmannia lanceolata*), which occur naturally in the Mt Macedon gullies and have thrived in Woodend over the two wet years are now failing to cope with the dry conditions.

So it is hard to know what to plant in such variable conditions. Do we provide supplementary water in the hope that rainfall will resume or do we allow nature to take its course and let only the fittest survive?

Certainly it seems sensible not to plant anything until the soil regains some moisture again.

If there is a positive, it is that the creek is almost dry now which is allowing our contractor to access thickets of blackberries to rein in their spread.

One certainty is that we will all be cheering when the first decent downpour for 2013 finally comes!

Submitted by Peter Yates



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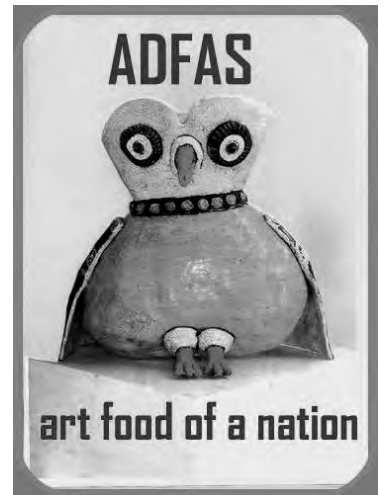
ADFAS is a nationwide organization dedicated to promoting interest in the arts. The society offers a cultural and social lifeline to everyone who would like to both discover more about the arts and meet new people in a friendly and sociable environment.

An enjoyable series of lectures is presented by a mix of visiting overseas speakers and local Australian experts. Highlights of this year will include a talk on Bhutan, a survey of 19th and 20th century art movements, and a look at the creativity of the Bugatti family complete with vintage Bugatti cars to admire, and maybe even experience. Lectures are fully illustrated and followed by a light supper, served with wine. Supplementary activities are arranged on a regular basis.


The cost of each evening is less than \$20, payable by annual subscription, which must surely be the hottest value in town.

For comprehensive information about the society pick up a brochure at the sign of the owl, refer to [www.adfas.org.au](http://www.adfas.org.au) or contact Caroline tel: 0424 668 053

ADFAS is open and inclusive. Everyone is welcome. Please join us.



Submitted by C Boehm



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# Kyneton Theatre Company

Kyneton Theatre Company thanks its supporters, sponsors and all who donated to its fundraisers in 2012. This year we are aspiring to greater heights with our productions and hope for your continued support.

We are facing another financially difficult year whilst awaiting for the restoration of our home "The Bluestone Theatre". The MRSC has been assisting us by letting us use the Red Brick Building for rehearsals and The Kyneton Mechanics Institute to perform in. However, whilst appreciating these venues, especially the KMI, it has been a continuous battle to finance the hire of these venues. Our forthcoming production will be our first musical in two years, made possible by the generosity of local businesses and personal donations. I am most grateful to a new, strong and hard working committee of 12 dedicated members who have all brought with them many years of theatre experience to contribute to the Company's survival.

Since last November we've been rehearsing one of Gilbert and Sullivan's most difficult and enjoyable Operetta's "The Gondoliers". The production will be at the Kyneton Mechanics Institute opening Thursday April 18th at 8.00pm, following

performances will be on April 19th at 8.00pm, April 20th at 2.00pm and 7.00pm and 21st 2.00pm. The following week will be as the first week except our final performance will be Saturday 26th with a 2.00pm and a 7.00pm performance. It is a big commitment by our wonderful cast, but they are very special people who understand the Company's needs at this point in time.



Our Music Director Timonhy Francis has spent many hours teaching music and helping individuals to make sure all is perfect- he's is a wonderful musician who is sincerely dedicated to his Art and although he plays many instruments, this will be his first time as Music Director.

The Operetta will be directed by Fran Kelly and Melanya Burlak will choreograph the 'The Cachuca'. Our Principal's have worked extremely hard especially Mathew Francis(Luiz) and Rianne Graham(Casilda) pictured above. Our other Principals are Elizabeth Barrow (Giannetta), Jarrod Catt (Giuseppe), Kate Jackson (Tessa), Kyal Tripodi (Marco), Don White (Duke of Plaza Toro) Elaine Murphy (The Duchess) and Peter Kelly (Don Alhambra). This cast is unbelievable! Don't miss this great production - for any information please contact Fran Kelly on 5427 4210.

Submitted by P. Kelly



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Do you have children aged between 0 and 8? Would you like to find out more about your local Toy Library? Come play with us this weekend!

**Woodend Toy Library Open Day**

**Saturday 2nd February 2013 9am – 12pm**

(coinciding with the Woodend Farmers Market) Outside the Woodend Toy Library, Forest Street

- See our new electronic borrowing system in action
- Entertain the kids with craft and activities
- Meet other local mums and dads
- Try out our toys – new and old
- See our 'new look' toy home
- Find out how you can become a member

Sign up on the day to become a member (includes paying a \$40 annual membership fee/\$20 concession), or bring along a friend to sign up, and you will both go into a draw to win a \$100 prize! With only people attending on the day eligible to enter, there's never been a better time to join.

If you have any queries please call our President, Megan Spielvogel on 0458 020 026, or email woodendtoylibrary@gmail.com

Submitted by: Kate O'Connor, Woodend Toy Library

# WOODEND HEARING CENTRE



*Did you know 1 out of 6 Australians suffer from hearing loss?*

- Are you having problems understanding what people say?
- Do you have problems hearing in background noise?
- Have you worked in a noisy environment?

*If you answered yes to any of the above, you may have a hearing loss.*



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## Happy New Year "Start with the end in mind"

*We're already one month into 2013.*

*Did you set any New Years resolutions or goals?*

*New Year, New Beginning: - Where do you want to be at the end of 2013??*

Now's the time to harness the energy of the new year and get into some good habits/practices to help you achieve your goals.

Your goals need to motivate you!

Break the goals down into specifics you can start working on

Write your goals down and review them daily:

Your financial goals might include:

- Having a sound financial plan
- Setting financial budgets
- Wealth Creation Strategies
- Developing a retirement strategy
- Reviewing any investments you might have
- Getting your finances into good shape to buy/sell that business
- Starting a self managed super fund

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*Sunday 9.30 - 2.00*

### Thank you

The staff of Brooke Street Medical Centre gives heartfelt thanks to all our patients and colleagues for their gifts and Christmas and New Year wishes. Your generosity is much appreciated.

### Skin check clinics

We will be holding special clinics for the purposes of skin checks. We offer these to screen for possible skin cancers. Cancers caught early have lower death and disability rates than those found in the end stages.

These appointments will be bulk billed – please call one of our receptionists to book in.

### Heat related illnesses

High temperatures can put people at risk for heat related illnesses, which at their extreme can be life threatening.

Anyone can be affected by heat however some are more at risk eg. the elderly, young babies and those with existing medical conditions.

To prevent heat related illness, take a range of precautions on hot days:

- Keep as cool as possible. Stay in an air conditioned or a cool, well-ventilated place
- If outdoors, stay in shaded areas
- Drink plenty of water and avoid alcohol. Seek GP advice if you are on restricted fluid intake
- Limit physical activity / exertion
- Have cool showers or baths or use wet cloths to help cool the body down

Keep an eye out for those who are at risk – eg. the elderly who live alone. Remember that people and pets should not be left in parked cars.

Seek medical advice for heat related illnesses however one type, heat stroke, is a medical emergency. Such things as confusion, red dry skin, lack of coordination, difficulty breathing, fitting or collapse and unconsciousness may occur. Call 000 for ambulance immediately.

\*\*\*\*\*

The Macedon Ranges Shire arranges “Hot Day Out” centres on “code red” and “extreme” fire danger rating days. Call their information line on 5421 1444 for details of when centres are open.

### GP mum writes about pregnancy care



Since returning to work part time at Brooke Street after the birth of our son, I have put my interest in kids, pregnancy and public health to work by trying my hand at medical writing. A GP colleague and I try to spend some time (when our little ones nap) writing for Webchild - an online parenting magazine. At the moment we are drawing on knowledge from our diplomas of obstetrics and our articles have a pregnancy focus. 'Health tests for mums to be' and 'Delivering by Caesarean section' have been published. Future articles about pregnancy myths, instrumental deliveries, pain relief during labour, and health tests and immunisations for newborns are in the pipeline. I hope they will be useful to parents-to-be and others who are interested. We also hope to write more broadly about other health topics in the months to come! Have a look and see what you think!

Go to <http://www.webchild.com.au/pregnancy>

Dr Manisha Fernando

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## Upcoming Events

### February

- 2 Great garage sale, St Mary's
- 2 Woodend Toy Library Open Day
- 2 Farmers' Market – Woodend
- 2 Free Bike Maintenance Woodend Market
- 5 Carlsruhe Landcare meeting
- 7 Film Night – Cancer & Natural Therapy Foundation
- 7 Red Cross Meeting
- 9 Macedon Ranges Sustainable Living Festival
- 9 Nepali Dinner - Mechanics Institute Trentham
- 9 Farmers' Market - Kyneton
- 8 Hanging Rock Night Walk
- 10 Car Display - Hanging Rock
- 10 Harvest Festival, St Mary's
- 13 Lorraine Lea linen party and lunch, Norma Richardson Hall
- 13 Macedon Ranges Film Society "Little Miss Shopping"
- 15 'Naturally Cool' Big Band, Gisborne Peak Winery
- 16 Picnic at Hanging Rock Film Night
- 16 Farmers' Market – Riddles Creek
- 23 Self Development Course - Cancer & Natural Therapy Foundation
- 23 Farmers' Market - Lancefield
- 24 The Age Harvest Festival – Hanging Rock

### March

- 1 World Day of Payer
- 2-3 Relay for life
- 8 Hanging Rock Night Walk
- 10 Family Heritage Walk Dedication
- 17 Craft Market Australia – Hanging Rock
- 17 Clarkefield Music Festival – Cambodian Kids Foundation
- 16 Woodend Carnival St Ambrose School
- 23 Camp Out – Hanging Rock

### April

- 2 – 8 Rotary Youth Leadership - Camp Oasis
- 20 Run at the Rock – Hanging Rock
- 18 The Gondoliers – Kyneton Blue Stone Theatre Co

## COMMUNITY GROUPS CONTACT DETAILS

Alcoholics Anonymous, Friday night, Cobaw Community Centre, 0409 131 144

Australian Breastfeeding Association, Heather, 5427 2398

Cobaw Thursday Walking Group 5427 3340

Daylight Masonic Lodge, 5427 2480

1st Woodend Scout Group, 5427 2848, Leisa 0429 331 695

Friends of Macedon Ranges Library, Sheila/Don 5427 3644

Garden Club, 5422 6062 / 5427 3340

Kyneton Municipal Band, Doug, 0411 420 113

Lancefield-Macedon Ranges, Relay For Life, Melissa, 0438 831 427

Living Word Christian Church, 5429 6327

Historical Society, Courthouse, 5427 2523

Macedon Ranges & District Motor Club, 10 Webb Cres, New Gisborne 1st Wednesday each month 8pm

Macedon Ranges Animal Aid, Buffalo Sports Stadium, 5427 1752

Macedon Ranges Bridge Club, 5420 7595

Macedon Ranges Families of Children with Disabilities Support Group, 5427 3365

Macedon Ranges Residents Assoc., 5427 1481 or 5427 2651

Macedon Ranges Photographic Society, Ron Mathews, 5427 3284

Parent Support 4 LD, - Kerrie 0414 432 158

Probus, 5427 2003

R.S.L., Anslow Street, 5427 3122

Red Cross, 5427 1260

Rotary Club of Woodend, meetings weekly at Vic Hotel Thursdays 6.45pm, Brendan 5422 6442

St. Mary's Guild, 11am, 4th Wednesday of month

St. Mary's Street Stall, 9-12 noon outside Woodend Newsagency (2nd Sat of the month)

Woodend Art Group, Railway Station, 5427 1659

Woodend Business & Tourism Group woodendtraders@gmail.com

Woodend Landcare Group, Jo 5427 1909 or Doug 5427 2666, 3rd Tues Meeting, 4th Sunday Working Bee

Woodend Hanging Rock Petanque Club, Hanging Rock Reserve, 5427 2477

Woodend Lions Club, Meetings 2nd/4th Wednesday each month, Barry McDonald, 5427 1272

Woodend Neighbourhood House, 47 Forest St, 5427 1845

Woodend Pony Club, 5427 2793

Woodend Senior Citizens Club, Comm. Centre

Woodend SES Training Nights Monday, Urquhart St

Woodend Tennis Club Nadine, 0439 399 838

Woodend Winter Arts Festival Inc., Jacky, 0417 225 268

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*\*\*Macedon Ranges vouchers accepted*

## Cancer fundraisers to pass \$1m

Raising money for cancer research is all the more meaningful when one is given a say in where the funds are directed.

Every year the Cancer Council Victoria recognises teams who raise more than \$5000 at Relay For Life events by letting them nominate an area of research for assistance from a list of priority projects.

In 2012, five teams participating at the Lancefield/Macedon Ranges Relay For Life earned a Research Award. Between them they collected more than \$45,000, with the highest fundraiser, Evergreens, amassing \$17,465. Other teams to win awards were: Romsey Birdies \$9316; Lynne & Wendy's Walkers \$8325; Team Cutajar \$5686; and 3 Ways \$5322.

More than \$110,000 was raised by the 34 registered teams in 2012, bringing the event's tally for the past 10 years to \$984,249.

A record number of cancer survivors and carers attended last year's Lancefield/Macedon Ranges Relay For Life. Organisers hope to have another strong turnout for this year's opening lap which is dedicated to cancer survivors and carers. Whether a team member or not, all are encouraged and welcome to join in the celebrations.

The smaller walking track introduced in 2012 will again be used this year at Lancefield Park and tent sites will also be inside the oval boundary, both moves which have enhanced the event's atmosphere. Live music and performances, children's activities, and cancer health information will feature over the weekend. Meals and refreshments will be available.

Relay For Life is a major fundraiser for the Cancer Council Victoria. Last year \$5.2 million was raised by events across the state to fund cancer research, education, advocacy and support services.

The Lancefield/Macedon Ranges Relay For Life starts at 3pm on Saturday, March 2nd and runs until 10am on March 3rd. To register go to [www.relayforlife.org.au](http://www.relayforlife.org.au), contact Kelly Milne on 0419 319 429 or call the Cancer Council Victoria on 1300 656 585. To register for the Survivors Walk or for further information email [relayforlife@cancervic.or](mailto:relayforlife@cancervic.or)

Submitted by Nadine Hartnett

## RSL Report

The Woodend RSL Sub Branch would like to thank the community for the support given to the 2012 Poppy Appeal which raises valuable funds to help our ageing veterans and their families. Due to the late arrival of the Commemorative \$2 Poppy Coin, the Sub Branch still hold a number of these for sale to those persons still wishing to purchase any. Cost is \$10.00 each.

We would also like to thank the local businesses that supported our annual Christmas Raffle, that was drawn on 19th December 2012. Winners of the 2012 Christmas Raffle were; 1st Prize: Tracey Burkby, 2nd Prize: Kevin Chandler, 3rd Prize: Jenni Parsons; 4th Prize: Brian & Karen Howden 5th Prize: Lorraine Warren; Congratulations to all winners. Our next Dinner & Entertainment Night is 16th February. Guest artist is local country singer, Liz McKimm.

Submitted by Karen Meldrum, Secretary, Woodend RSL



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## Get Riding in the Ranges

Macedon Ranges Shire Council is encouraging residents to dust off their bikes and learn to ride again as part of the Macedon Ranges Healthy and Active People Initiative funded by the Australian Government.

Residents can check their bikes are in good condition at a free bike maintenance session, and learn or build on their cycling skills at a six-week AustCycle program, both taking place in Woodend next month.

The free bike maintenance session is on Saturday 2nd February from 9.30am to 11am at the Woodend Market. Local AustCycle teachers will demonstrate how to adjust bikes, provide maintenance tips, helmet checks and how to fix a flat tyre.

Council's Director of Community Wellbeing, Karen Stevens said that the session was great for those people keen to get back into exercise in the New Year.

"With the warmer weather, now is the perfect time to get your bike out and ready to ride. Bring along your bike, helmet or just yourself.

"It's a great session for those who've just received a new bike for Christmas or if your bike has been sitting in the shed

and is in need of some care," she said.

The six-week AustCycle bike riding program starts on Tuesday 19th February at the Woodend Buffalo Stadium. The program gives adults the skills and confidence to cycle regularly and caters to a range of skill levels. The cost is a gold coin donation per session.

Since the start of 2012, 28 residents have completed this program, including some who have returned for a second program. Past participant Rhyl Gould said it had been years since she hopped on a bike and was keen to re-learn an old skill.

"The support of the instructors, along with encouragement from other participants, was really wonderful and we all enjoyed the social side by chatting in the class and sitting down for a coffee at the end of the course.

"Cycling is great for mental and physical fitness," Rhyl said. Places are limited for the AustCycle program. To register, find out more information or access support with transport, child supervision or respite, contact Council's Healthy Communities Team on (03) 5422 0216 or email [healthycommunities@mrsc.vic.gov.au](mailto:healthycommunities@mrsc.vic.gov.au).

Submitted by G. Gamble Communications and Public Relations Coordinator, Macedon Ranges Shire Council



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## Council Launches Local Emergency Facebook Page

Macedon Ranges Shire Council has launched a Facebook page to support community preparedness, relief and recovery from emergencies and hazards in the region, such as bushfires, heatwaves or floods.

The page provides useful tips for residents and businesses in the region on how to prepare themselves, their family and their property for a possible emergency situation. It will also be used to provide community updates on local relief, support and recovery services should an emergency arise within the shire.

Council is encouraging Facebook users in the region to like the page and share it with their friends, and to use the page to ask questions and share knowledge or tips about emergency preparedness with their community.

The page does not provide the latest warnings or incident updates from the CFA, Victoria Police or SES. Residents should continue to refer to official sources from these agencies such as their websites or social media channels, listen to ABC radio and call the Victorian Bushfire Information Line on 1800 240 667.

To access the page, log into Facebook and search for 'Macedon Ranges Emergency Alerts', or visit [www.facebook.com/MacedonRangesEmergencyAlerts](http://www.facebook.com/MacedonRangesEmergencyAlerts).

Submitted by G. Gamble Communications and Public Relations Coordinator, Macedon Ranges Shire Council

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Arrangements outside these hours can be made.

## CFA offers free advice at home

With fast moving grassfires burning in the Macedon Ranges and Central Goldfields areas, and more hot weather on the way CFA is reminding residents to prepare their properties and put in place their fire plan. CFA's Home Bushfire Advice Service can help. A CFA Fire Safety Officer can visit your home and give you advice which will help you prepare your property and plan for the remainder of the fire season. Home Advice Coordinator Neil Munro said this service is effective because residents receive one-to-one personal advice. "Our Home Bushfire Advice Service can help you prepare. It's delivered at your home, meaning it's all about you and where you live. Our guys are very effective when it comes to assessing the best possible fire preparations you can make according to your location, time and budget," said Mr Munro. "A team of Fire Safety Officers are concentrating on Macedon Ranges and Central Goldfields over the next month, so there's no excuse not to take advantage of this service," he added. To book the Home Bushfire Advice Service, visit [www.cfa.vic.gov.au/hbas](http://www.cfa.vic.gov.au/hbas), call the Victorian Bushfire Information Line on 1800 240 667 (Monday to Friday 8am - 6pm) or contact your regional CFA office

Submitted by CFA Media

## Be Rewarded – Become a Volunteer!

Macedon Ranges Shire Council is seeking Community Support volunteers to deliver meals on wheels and drive people to appointments and social visits.

Council's volunteers provide a vital service to the community. They support the elderly and those living with disabilities to remain living independently for as long as possible.

They also support people's health and wellbeing by providing social support and alerting their supervisors if a client's health is deteriorating.

Volunteers need to have good communication skills, be reliable and punctual and have a genuine interest in other people, their needs, hopes and aspirations.

Council's Community Support volunteers find their role extremely rewarding, as they develop strong links in the local community and encourage community independence.

To register your interest in being a volunteer, contact Stephanie Harper on 5422 0258 or email [sharper@mrsc.vic.gov.au](mailto:sharper@mrsc.vic.gov.au)

Submitted by G. Gamble, Macedon Ranges Shire Council



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## If you're in two minds, leave early.

The best way to prepare for this fire season is to stay informed and plan to leave early, before you see smoke or fire.

### Plan to leave early:

- ✓ Talk to everyone you live with so you all know when you're going to leave and where you're going to go if a fire starts.
- ✓ Pack a relocation kit with important documents and essential items.
- ✓ On high-risk days, check Fire Danger Ratings and fire warnings on the CFA website and listen to local radio.

Don't wait and hope for the best. Visit the CFA website to find out how you can be FireReady.

Plan to leave early  
visit [cfa.vic.gov.au](http://cfa.vic.gov.au)  
call **1800 240 667**

**PREPARE. ACT. SURVIVE.**  
**FireReady** 



The WBATA Annual General Meeting was held on the 17th December, 2012 at the Victoria Hotel, Woodend.

The New Committee for the WBATA was elected as follows:

Karen Cousens - President; Peter Gaw - Vice President; Danielle Formica - Treasurer; Irene O'Duffy and Jennifer Hannan Merrett - Secretary; Maureen Wilson - Public Officer. Committee Members: Stuart Bonnington, Lyn Ingles, Larry Quick

**WBATA raffle for Christmas**

The WBATA raffle was drawn on Saturday the 15th December, 2012 at sassy woodend. We would like to thank Felicity and Cheryl, customers in store at the time, who were kind enough to do the draw.

1st Prize Hamper to the value of \$500: Karen Coad, Woodend 2nd Prize Hamper to the value of \$300: Cael Kelly, Woodend 3rd Prize Hamper to the value of \$200: The Shaw Family, Essendon

WBATA would like to thank the following businesses for donating gifts for the hampers:

Excessories, Maloa House, Andrews Cafe, Blackbird Cakes, Zarby's Bar & Bistro, Bourkies Bakery, Holgate Brewhouse, Warners Jewellery, The Spa, New Leaves, The Village Larder, Campaspe House, Bodywise, Miranda's Antiques and Curios, Blue Pencil Publishing, sassy woodend, Feeling Framed, Woodend Bakery Cafe, The Chamber, Woodend Pharmacy.

For further information, please contact the association via e: woodendtraders@gmail.com or f: www.facebook.com/WoodendVillage

Submitted by: Karen Cousens - President

**Cancer and Natural Therapy Foundation**

– *What's on in February, 2013*

**Film Documentary and Discussion Night**

**Making a Killing - The Untold Story of Psychotropic Drugging.** This documentary exposes the underlying political history behind the pharmaceutical industry in America worth \$18 billion annually, raising many questions about the use of psychiatric drugs, such as Zoloft, Prozac, Ritalin and Lithium and their associated well known harmful effects. After a brief preview of this documentary, join us for a group discussion over a cuppa , and learn more about natural alternatives and holistic approach to overcoming behavioural and mental disorders. Thursday 7th February, 7.30pm. Cost: \$8 CNTF members & \$10 non-members.

**Self Development Course**

EFT (Emotional Freedom Technique) and 'Access Consciousness' Course. This 6 week, practical and interactive course will assist you in making new choices, create positive changes, and access your full creative potential. Gain 'self acceptance', build trust, confidence and a new vision of your life. Commencing Saturday 23rd February – 30th March from 10.30am – 12 noon. Cost \$120 CNTF Members & \$150 non-members.

Held at Neighbourhood House and Community Centre, Elizabeth Drive, Sunbury. Phone: 9740 3977 (Mon/Wed/Fri) or Sandra on 0411 100 947 See Website for further details: [www.cancernaturaltherapyfoundation.org/](http://www.cancernaturaltherapyfoundation.org/) ALL WELCOME!

Submitted by:

Sue de Jong, Cancer and Natural Therapy Foundation

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## “Good” grief

I'm sure most of you know what an oxymoron is. It's a figure of speech that seems to contradict itself. There are lists and lists of the things, and here are some of my favourites: Artificial Grass, boneless ribs, big town, harmless lie, communist party, green oranges, easy labour, fresh frozen, jumbo shrimp, cafeteria food, military intelligence, one choice, random order, slumber party, freezer burn, small fortune, government organization, living dead, same difference, plastic glasses, peace force, pretty ugly, head butt, working vacation, Dodge Ram, work party, healthy tan, devout atheist and good grief!

Grieving over the loss of a loved one is not wrong; it is necessary and right. Some people do not give themselves permission to grieve. There is a false thought for some, of needing to be strong. Jesus, in everything, is our model and He wept when Lazarus died and Martha and Mary were grieving.

*John 11:32-36 When Mary reached the place where Jesus was and saw Him, she fell at His feet and said, "Lord, if You had been here, my brother would not have died." When Jesus saw her weeping, and the Jews who had come along with her also weeping, He was deeply moved in spirit and troubled. "Where have you laid him?" He asked. "Come and see, Lord," they replied. Jesus wept. Then the Jews said "See how He loved him!"*

Mary shared her heart and her questions with Jesus about her brother's death. It didn't make sense. Jesus could have saved him. Where were You Lord? Jesus did not stop and rebuke her but He was moved deeply by her grief and by His love for Lazarus.

Jesus does not condemn you in your time of grief and questioning. He reaches out to us. He knows what you are feeling and He grieves with you in your time of pain.

If you have lost a loved one and feel deep sorrow, we pray God touches your heart and that you feel Jesus close, not far off. He knows. He sees. He cares. He loves you. And so do we.

If you would like to know more about faith in Jesus please contact the Encourage Church Office on 5429 6327. We would be happy to assist you in your search for the true meaning of Life.

You are also invited to join us at one of our Sunday Services or one of our fortnightly Life Groups.

We also offer Before & After School care; Fortnightly Youth events and weekly Children's programs.

Pastor Marilyn Hunter - "encourage church"



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Welcome to the Woodend Star  
**Kids Club**  
**February Birthdays**

15th	Sam Forbes .....	Turns 12
6th	Jayden Bullard .....	Turns 13
12th	Kellie Ingleton .....	Turns 13
17th	Tyler Daniel Sturt .....	Turns 12
20th	Joseph Hebb .....	Turns 11
25th	Malachi Anderson .....	Turns 11
25th	Chantelle Takos .....	Turns 12

**Happy Birthday  
 Everyone!**

**JOIN THE WOODEND STAR KIDS CLUB**

Fill in your details below and mail to P.O. Box 387 Woodend  
 Age limit is 13 years old. Must be a resident of the 3442 postcode

Full name: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Phone: \_\_\_\_\_

Parent/Guardian

Signature: \_\_\_\_\_

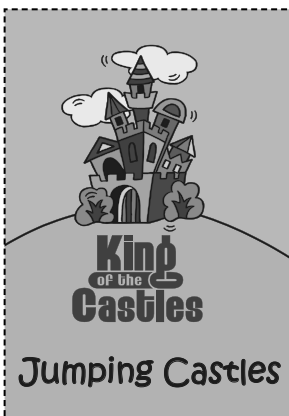
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**Kinderballet in the Macedon  
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In May last year Kinderballet began offering classes in Macedon. This pre-school ballet program has enjoyed nation-wide success with 2000 students attending classes in 2012.

Kinderballet has a unique approach to introducing young children to the joy of ballet through a highly creative and imaginative program. The children learn the basics of Classical ballet through imaginative class themes with the use of props in a low key child-friendly environment. Kinderballet believes in offering ballet to children without the stress of a dance school, so there is no uniform, no costume making or end of year concert. Instead an age appropriate end of year Presentation within class time.

There are classes for children between the ages of 3-6 years old, and there are also classes for children as young as 2 years old. These Kinderballet mummy-and-me sessions offer an opportunity for mums or dads to dance with their little one until such time as they're ready to dance independently in the older programs.



Classes will be offered on Mondays, Fridays and Saturdays mornings in Macedon this year with a themed prep-level school going age program for the 5-6year olds on Saturday morning.

For more information, go to [www.kinderballet.com.au](http://www.kinderballet.com.au) or call 1300 606 949.

Submitted by Sheryn Zarins

Joan P Jane  
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## What's Happening at Buffalo Sports Stadium

### Ladies Netball

The Buffalo Stadium offers daytime ladies netball on Monday mornings and evening ladies netball on Tuesday Nights. We may have space for some last minute entries so if you are interested in playing call us today! Our new seasons are due to start on Monday 4th and Tuesday 5th of February, so if you are interested contact the staff at Buffalo Sports Stadium on 54273411. Team and individual entries are accepted.

### Mixed Volleyball

We are about to kick off our new season of mixed volleyball. Volleyball is played on Thursday nights and will start up again on the 7th of February. A fun social comp always happy for new players. Whether you are an experienced or new player, all are welcome. Register your interest today by calling us on 5427 3411. Team and individual entries are accepted.

### Dance Classes

Our Tiny Tackers and Studio2 dance classes offer fun classes in ballet, tap, jazz and hip hop. Tiny Tackers classes start for children from 2 years. Our Studio 2 classes are available to children from prep to 14 years. Children can participate in mixed classes which offer a range of dance styles. The Hip Hop classes are also extremely popular, with junior and intermediate classes available. Limited spaced available. Call now, and speak to Miss Anita for more information on 5427 3411.

### Kindergym

Kindergym is a great program for developing children's gross motor skills, social skills, balance, confidence and sports skills. Sessions also include mat time, which encompasses music and movement session. Regular participants will notice some changes to the 3-5 year old sessions, which a greater focus on developing those important skills. A lovely fun session to share with your young children. Classes start back on Friday the 8th of February.

1 - 3 years at 10.00am

3 - 5 years at 11.00am

Contact the Buffalo Stadium on 5427 3411 for more information. Plus- receive one free session for you and your child/ren. Just present this article and attend Woodend Kinder Gym free of charge. Limit one free session per family, offer expires March 2013.

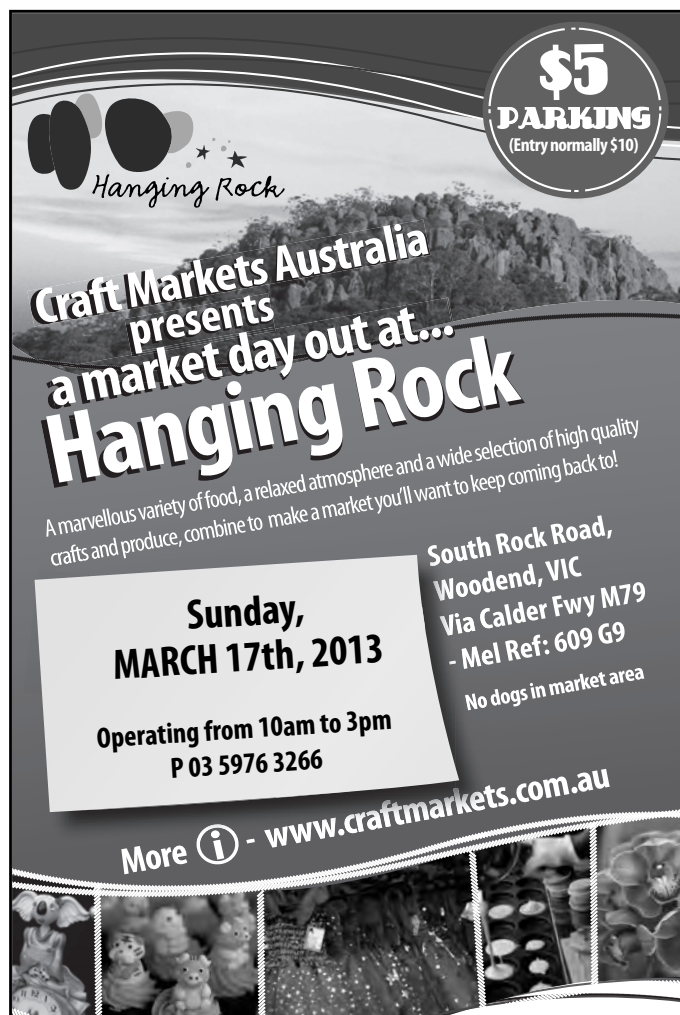
Submitted by A Turner for Buffalo Stadium, MRSC



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## Start Running in 2013

Every New Year brings with it a fresh start; an opportunity to make resolutions, set goals and accomplish what we set out for ourselves. Often our good intentions end up in limbo through procrastination, delay, or overwhelm just making a start. And even then when we begin, we often give up on our goals and it gets all too hard. This is the reality for many starting a new year. Goals of getting fit, toning up, eating healthy, feeling good, getting to know others or being a part of a community – one that motivates and encourages, supports dreams and goals and is easily accessible and available right here in the Macedon Ranges region. If you can relate to any of this, then maybe this New Year is your year to join the Macedon Ranges Running Club's 13-week SRG (Start Running Group) program. As Yvie Felix from Woodend shares, 'When I started my fitness program in 2012, the Woodend SRG was a great support. Members are friendly and encourage newbies to just turn up and have a go; before I knew it I was enjoying running and completing distances I only dreamed about.'

Commencing after Australia Day, the SRG is a great way to kick start 2013 just like Yvie did last year. The SRGs are delivered by volunteer running leaders and assistants in the four township areas of Gisborne, Macedon, Riddells Creek and Woodend. Lisa Simpson Trezise says, 'The Riddells Creek SRG leaders and participants made me feel such a part of a "life-changing activity" which I never thought would be possible. I now call myself a runner!' The SRG program involves training three sessions each week over 13 weeks in a friendly group environment and is available to anyone who is interested in

running 5km and 10km milestones non-stop. It's a perfect program for beginners and non-runners to confident runners and runners returning from injury or a long absence from the track. Gary Plummer is returning after time away from running and posted on social media, 'Finally got back running after six weeks off. Now I know why SRG is so good - it will change your life forever.'

The SRG is an opportunity, only offered twice a year, to change your life as well as tick that running goal off your bucket list. Kathryn Ambrose testifies that 'the SRG changed my life! I always thought running was something I would never do, but a year later I still run regularly. I lost weight, eat better, gained fitness and feel much less stressed.' And Nicole Cooper's life has changed dramatically since participating in the SRG. 'I'd been sitting on the couch for about a decade when I joined the SRG. Three months later I ran 10km. And a year later, I'm still running three times a week. If I can do it, anyone can!' Get involved and catch the running bug that's spreading across the Macedon Ranges region this summer. To participate all you need is a pair of runners and a desire to achieve something amazing for yourself in 2013.

### Start Running Group (SRG) commences in:

- Gisborne and Riddells Creek SRG on Tuesday 29 January 2013 at 6.00pm
- Macedon SRG on Tuesday 29 January 2013 at 7.00pm
- Woodend SRG on Wednesday 30 January 2013 at 6.30pm.

### Start Running Group (SRG) 13-week training sessions and times:

- Gisborne SRG – every Tuesday and Thursday 6.00pm, Sunday 8.00am at the Aquatic Centre
- Macedon SRG – every Tuesday and Thursday 7.00pm, Sunday 8.00am at Railway Place (Railway Station)
- Riddells Creek SRG – every Tuesday and Thursday 6.00pm, Sunday 8.00am at the Lion's Park (opposite Foodworks)
- Woodend SRG every – Monday and Wednesday 6.30pm, Saturday 7.00am at Gilbert Gordon Oval.

The Macedon Ranges Running Club is a social, non-competitive, not-for-profit running club. All of the club's leaders and assistants, who are previous SRG participants, donate their time and energy over 13 weeks because they love supporting and assisting participants realise their running milestones. For more information about the Macedon Ranges Running Club or to register for the SRG program please contact the club at [macedonrangesrc@gmail.com](mailto:macedonrangesrc@gmail.com). Happy running!

Submitted by Lisa Cole

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## Pre season training has begun

Pre season training for football and netball is underway at the Woodend Heskett Football Netball Club for 2013.

New players are most welcome to come down and meet the coaches

and the current players. All levels of interest and experience is welcomed at any time.

The 2013 Registration Night will be held on Wednesday 20th of February, so all players can be registered through the online system and important club information can be distributed. Parents are encouraged to come along to meet the committee and coaches. A BBQ will be offered to all.

### Football

Football training is held at Gilbert Gordon Oval on Monday, Wednesday and Fridays nights. All grades of football are training together in sessions with plenty of ballwork.

Glenn Hopkins (Senior): 0413 454 121

Jeremy Pennefather (Reserves): 0400 995 228

Travis Leggett (Under 18's): 0418 378 587

### Netball

Currently training is on Thursday nights at the netball courts at Gilbert Gordon Oval. Other sessions/matches are also being organised. Contact Jess King: 0435 336 861 for more information

Submitted by Jock Allan, WHFNC President.

## Senior netball coach wanted

The Woodend Heskett Football Netball Club are wishing to appoint a SENIOR NETBALL COACH to lead the development of our female athletes in 2013.

- Are you an experienced player or coach looking for a new challenge?
- Do you want to be involved and contribute in a positive community club?

Do you have a passion for netball and female sport? Remuneration & Educational Opportunities are offered as part of this position.

This role is supported by administration, fitness, coaching and committee.

Please call Jess King on 0435 336 861 or Jock Allan on 0419 308 501 for more details and role description.

Woodend Heskett Football Netball Club - Winner of the 2012 RDFL Club of the Year

Submitted by Jock Allan, WHFNC President.

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## New Healthy Active programs for 2013



Get healthy and active in 2013 by joining in the following programs as part of the Macedon Ranges Healthy & Active People Initiative:

### Riddells Creek – Cooking for 1 or 2

Learn and practice the basics of cooking healthy and delicious meals for one or two people in this six week program. Meet others in your community and cook and share a meal together.

**When:** Starts Wednesday 20 February

**Time:** 11.00am – 1.00pm

**Where:** Riddells Creek Neighbourhood House, 59 Main Street Riddells Creek.

**Cost:** \$5.00 per session

**RSVP:** Register to participate by Friday 15 February 2013 by calling 5428 0300  
Delivered by Macedon Ranges Health



### Woodend – AustCycle

*Remember how much you loved riding your bike when you were a kid?*

Join in a seven week bike riding program for adults wanting to get back on a bike or who never learnt to ride. Gain confidence and riding skills in a friendly group environment.

**When:** Starts Tuesday 19 February

**Time:** 10.00am – 11.30am

**Where:** Buffalo Sports Stadium, Forest Street Woodend (outdoor courts)

**Cost:** Gold coin donation per session

**RSVP:** Register to participate by Friday 15 February 2013 by calling 5422 0216

### Contact Us

Do you need assistance with respite, child minding or transport to attend a program?

Contact the Healthy Communities Team at Macedon Ranges Shire Council  
PO Box 151, Kyneton, Vic 3444 T: (03) 5422 0216 E: [healthycommunities@mrsc.vic.gov.au](mailto:healthycommunities@mrsc.vic.gov.au)

This Initiative is funded by the Australian Government.

# Villawood News

You may have noticed that Villawood Properties has opened its brand new Davies Hill information centre in Woodend. The local community can now come and find out more about this project and see the amendments that have been made to the initial plan for Davies Hill.

Villawood has significantly revised its plan for the Davies Hill development:

- The development will now consist of a maximum of only 300 blocks, with the average size being 1000 sqm (1/4 acre),
- The development will be staged and undertaken over a period of 10 years,
- The project will feature 117ha of beautiful parklands and gardens and feature wide, tree lined streets,
- A wetlands development and boardwalks, as well as walking and cycling tracks will all be part of the healthy, outdoor lifestyle that Davies Hill will bring to Woodend, and
- As with every other Villawood development, there will be design and development guidelines in place to ensure the high quality and standards.

For more information, come and visit Stuart at the Davies Hill information centre at 108 High Street, Woodend or phone 0407 862 745.

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# Heritage News

## Does your Bushfire Plan include 'What ifs'?

Many people we have spoken to have prepared a Survival Plan, but often it only covered one circumstance. If we lived in a perfect and predictable world a single plan would be good. But a bushfire is unpredictable.

Your Plan should actually include a number of different plans based on different circumstances – that are beyond your control. We call them 'What ifs'!

- What if your plan was to leave early, but a fire starts near where you live? Are you prepared for this?
- What if you are unable to leave? What is your plan to shelter if unsafe to leave your area?
- What if you and your partner are both out of the area when a fire starts in your area? You may not be able to get back home if the police have set up a road block?
- What if some of your family is in Woodend and others are out of the town?
- What if your children are at home, and you have gone into town to do some shopping?
- What if your main evacuation route is blocked? Do you have an alternative?
- What if you can't get to a designated Safer Place? Remember it is a place of last resort! Do you have a fallback position?
- What if there are several fire danger days in a row? How will this affect your plan?
- What if you have visitors?
- What if you have elderly family, friends or neighbours?
- What if the power, water and telephone are cut off?

These are just a few examples. There are so many different 'what ifs' that will relate to your individual circumstances, and you should consider those as part of your Plan.

### *A huge thank you to our generous local businesses*

Over the year many locals generously donate to the Woodend Fire Brigade, and other nearby brigades, and these valuable funds go towards ensuring that we are able to invest in ensuring that we can maintain our infrastructure and invest in new equipment. The Woodend Rotary Club and Lions Club are also generous supporters. However, this month we would like to highlight several local businesses who have 'yellow collection hats' on their counters, which regularly fill with donations from customers and visitors – a big thanks to *Bites, the Top Shop and Vic Hotel*

For further information contact Captain Mick Christie on 0419 870 601 or 1st Lieutenant Mike Dornau on 0409 093 935. Or call the Woodend CFA on 5427 2356, visit the station in Urquhart Street or: [www.woodendcfa.org](http://www.woodendcfa.org). The Woodend CFA is a volunteer emergency service, committed to Creating a Safer Community.

Submitted by 1st Lieutenant Mike Dornau, Woodend CFA

Long time volunteer at the Local & Family History Resource Centre Fran Healy has written the history of her family. It's a great record, not just for her family members, but like all family stories, an important one for the district's history and thus it has been added to our collection.

Given the high temperatures of late and the ever present fear of fires which accompany them, this extract from Fran's Story seems timely. Unbelievably it is also thirty years since the two 1983 fires which devastated our own district, often remembered together as Ash Wednesday. For those of us who lived through those fires they seem but a moment ago and when the Northerlies blow and the temperature rises, the memories are only too vivid.

Here is Fran's account of her Ash Wednesday experience taken from her family history:

"As the years went by Mt Macedon, Macedon and Woodend were struck with the 1983 bushfires. It was very devastating. Lives were lost and so were many homes, schools, the post office, the Macedon Garage on the Calder highway, churches and many other buildings. On the February night, as the fires got away, some of my friends came to my house. They had been evacuated from their homes. We sat at the kitchen table with the blinds up and we watched the flames over Mt Macedon and drank coffee. My husband, Terry Healy, was a fireman, in the Woodend Brigade. The main street was very busy with petrol tankers, water tankers, SES units, St John Ambulance, and tenders from every imaginable Fire Station. Emergency accommodation at Woodend Racecourse was filling up, as one by one, more Woodend and Macedon properties were destroyed. Woodend Lions, Kyneton Rotary, Red Cross ladies from Bendigo and the whole community were pitching in. Red Cross treated children for shock. The Mount View Theatre,

which gave pleasure to many people, was now a chimney and a burnt out spotlight with smoking stumps. \*\*To be continued in the March edition.

Submitted by Janet Hawkins

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